



Marathon Café LUNCH Menu

OCTOBER

Lunches include the following beverages: Iced Tea, Lemonade, Sugar Free Orange Drink, Coffee, Hot Tea, Water and Milk available upon request.



50 North
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Visit us on the web at...
www.50north.org

Mon	Tue	Wed	Thu	Fri	Sat
2 7 Bean Medley Chicken & Noodles Mashed Potatoes Sugar Snap Peas Salad Bar/Dessert Bar	3 Corn Chowder Pepper Steak Over Rice Glazed Carrots Cheddar Rolls Salad Bar/Dessert Bar	4 Crm of Cauliflower Stuffed Peppers Mashed Potatoes Mixed Vegetables Salad Bar/Dessert Bar	5 Minestrone Salisbury Steak Mashed Redskin Potatoes Brussels Sprouts Salad Bar/Dessert Bar	6 Chili Chicken Cordon Bleu Au Gratin Potatoes Green Bean Casserole Salad Bar/Dessert Bar	
9 CLOSED FOR COLUMBUS DAY	10 Harvest Grain Beef Stew Mashed Potatoes Mixed Vegetables Salad Bar/Dessert Bar	11 Broccoli Cheddar Ham Loaf with Cranberry Sauce Sweet Potato Soufflé Italian Green Beans Salad Bar/Dessert Bar	12 Beef Noodle Sloppy Joes Macaroni & Cheese California Blend Salad Bar/Dessert Bar LUNCH ON EAST SIDE	13 Mushroom Bisque Meatloaf Mashed Redskin Potatoes Buttered Corn Salad Bar/Dessert Bar	
16 Ham & Bean Bratwurst with Sauerkraut Mashed Potatoes Glazed Carrots Salad Bar/Dessert Bar	17 Beef Barley Assorted Pastas w/ Chicken Alfredo Sauce OR Sausage Marinara California Blend Salad Bar/Dessert Bar	18 Minestrone Country Fried Steak Mashed Redskin Potatoes Buttered Peas Salad Bar/Dessert Bar	19 Crm of Broccoli Roast Beef w/Gravy Mashed Potatoes Green Beans Salad Bar/Dessert Bar	20 Harvest Grain Teriyaki Chicken Over Fried Rice Egg Rolls Midori Vegetables Salad Bar/Dessert Bar	
23 Chicken Noodle Salisbury Steak Mashed Redskin Potatoes Buttered Corn Salad Bar/Dessert Bar	24 Sausage & Kale Broccoli Stuffed Chicken Roasted Redskin Potatoes Mixed Vegetables Salad Bar/Dessert Bar	25 Mushroom Bisque Beef Stroganoff Mashed Potatoes Buttered Peas Cheddar Rolls Salad Bar/Dessert Bar	26 Cream of Potato Braised Pork Chops Roasted Sweet Potatoes Belgian Carrots Salad Bar/Dessert Bar	27 Beef Noodle Roasted Turkey with Dressing Mashed Potatoes Green Beans Salad Bar/Dessert Bar	
30 Corn Chowder Meatloaf Roasted Redskin Potatoes California Blend Salad Bar/Dessert Bar	31 Ham and Bean Chicken-a-la-King over Rice Steamed Broccoli Cheddar Rolls Salad Bar/Dessert Bar				